

ONE

TWO

THREE

AVAILABLE EVERY DAY...

7 Jan, 28 Jan, 25 Feb, 18 March

14 Jan, 4 Feb, 4 Mar, 25 Mar

21 Jan, 18 Feb, 11 Mar, 1 Apr

**Beef Burger in a Bun with New Potatoes**  
**Quorn Burger in a Bun with New Potatoes**  
Sweetcorn & Coleslaw  
**Rolled Apple & Strawberry Pie with Custard**  
Yoghurt / Fruit Salad

**Chicken & Tomato Pasta with Garlic Bread**  
**Creamy Broccoli Pasta Bake with Garlic Bread**

Crutiés & Peas  
**Wholemeal Pear Crumble & Custard**  
Yoghurt / Fruit Salad

**Roast Bacon Loin with Roast Potatoes & Gravy**  
**Quorn Roast with Roast Potatoes & Gravy**  
Swede Mash & Green Beans  
**Rice Pudding with Mixed Berries**  
Yoghurt / Fruit Salad

**Sweet & Sour Chicken with Noodles**  
**Cheese & Tomato Pizza with Jacket Wedges**  
Cauliflower & Mixed Peppers  
**Pineapple Upside Down Cake with Custard**  
Yoghurt / Fruit Salad

**MSC Breaded Fish with Chips & Tomato Sauce**  
**Glamorgan Sausage with Chips**  
Baked Beans & Garden Peas  
**Oaty Cookie**  
Yoghurt / Fruit Salad

**Hot Dog with Tomato Sauce & Wedges**  
**Macaroni Cheese with Garlic Bread**  
Coleslaw/Courgettes in Tomato Sauce  
**Iced Sponge**  
Yoghurt / Fruit Salad

**Chicken Curry with Rice**  
**Wholemeal Spinach & Tomato Quiche with New Potatoes**  
Broccoli & Sliced Carrots  
**Wholemeal Mixed Fruit Crumble & Custard**  
Yoghurt / Fruit Salad

**Roast Turkey with Roast Potatoes, Stuffing & Gravy**  
**Cheese & Pepper Whirl with Roast Potatoes**  
Red Cabbage & Green Beans,  
**Apple, Cheese & Biscuits**  
Yoghurt / Fruit Salad

**Spaghetti Bolognese with Garlic Bread**  
**Lentil & Vegetable Curry with Rice**  
Peppers & Sweetcorn  
**Banana Sponge & Custard**  
Yoghurt / Fruit Salad

**MSC Battered Fish with Chips & Tomato Sauce**  
**Veggie Hot Dog with Chips & Tomato Sauce**  
Baked Beans & Garden Peas  
**Chocolate Shortbread**  
Yoghurt / Fruit Salad

**Wholemeal BBQ Chicken Pizza with Wedges**  
**Quorn Chilli with Rice**  
Sweetcorn & Green Beans  
**Oaty Peach Crumble & Custard**  
Yoghurt / Fruit Salad

**Beef Lasagne with Garlic Bread**  
**Creamy Vegetable Pie with Creamed Potato**  
Garden Peas & Cauliflower  
**Chocolate & Beetroot Brownie**  
Yoghurt / Fruit Salad

**Roast Chicken & Stuffing with Roast Potatoes & Gravy**  
**Vegetable Wellington with Roast Potatoes & Gravy**  
Shredded Cabbage & Carrots,  
**Vanilla Shortbread**  
Yoghurt / Fruit Salad

**Chilli with Rice**  
**Wholemeal Cheese & Tomato Pizza with Wedges**  
Roasted Vegetable Medley & Broccoli  
**Lemon & Mixed Berry Cake**  
Yoghurt / Fruit Salad

**MSC Salmon Fish Fingers with Chips & Tomato Sauce**  
**Cheese Tomato & Spinach Frittata with Chips**  
Baked Beans & Garden Peas  
**Mandarins & Ice Cream**  
Yoghurt / Fruit Salad

**Bread**

freshly baked on site daily

**Daily salad selection**

there will be a selection of salad items available daily

**Fresh Fruit & Organic Yoghurt**

available daily

**WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON**

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards. We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

Vegetarian option

Only fish

Marine Stewardship Council details  
Web: [www.msc.org](http://www.msc.org)  
Chain of Custody Registration Code  
NIML - C 1009

MONDAY  
TUESDAY  
WEDNESDAY  
THURSDAY  
FRIDAY

# WHAT'S FOR LUNCH THIS SPRING...

**caterlink**  
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Assured Eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

## keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: [www.mycaterlink.co.uk/bbc](http://www.mycaterlink.co.uk/bbc) email: [info@mycaterlink.co.uk](mailto:info@mycaterlink.co.uk) or call 01234 360874

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[www.mycaterlink.co.uk/bbc](http://www.mycaterlink.co.uk/bbc)

Please visit the website for menu updates.

FRESH + HEALTHY = TASTY

## Universal infant Free School Meals

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

## Free School Meals

Low Income - Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office.

### ALLERGY INFORMATION:

If your child has an allergy or intolerance please speak to your child's school or the Cook Manager on site for information.

Forms available through our website or via the school.

